


Hereditary Gynecologic Cancer Syndromes

“HBOC Toolkit” for Clinicians

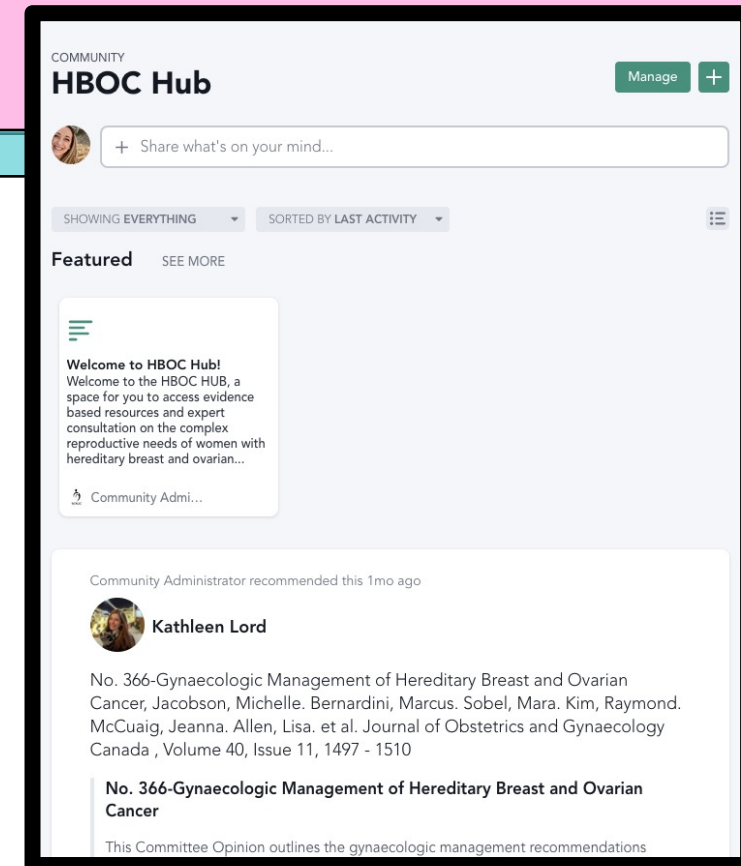
Presented by Gabrielle Ene and Dr. Michelle Jacobson

umbrELLEa 
SOGC


HBOC Hub 

umbrELLEa is a community platform hosted by the Society of Obstetricians and Gynecologists of Canada for all medical professionals working in the field of Women+ health.

Through umbrELLEa, we have created the **HBOC Hub** – a space for you to access evidence-based resources and expert consultation on the complex reproductive needs of women with hereditary breast and ovarian cancer syndromes.




COMMUNITY
HBOC Hub Manage +


 + Share what's on your mind...

SHOWING EVERYTHING ▾ SORTED BY LAST ACTIVITY ▾

Featured SEE MORE


Welcome to HBOC Hub!
Welcome to the HBOC HUB, a space for you to access evidence based resources and expert consultation on the complex reproductive needs of women with hereditary breast and ovarian...
[Community Admi...](#)

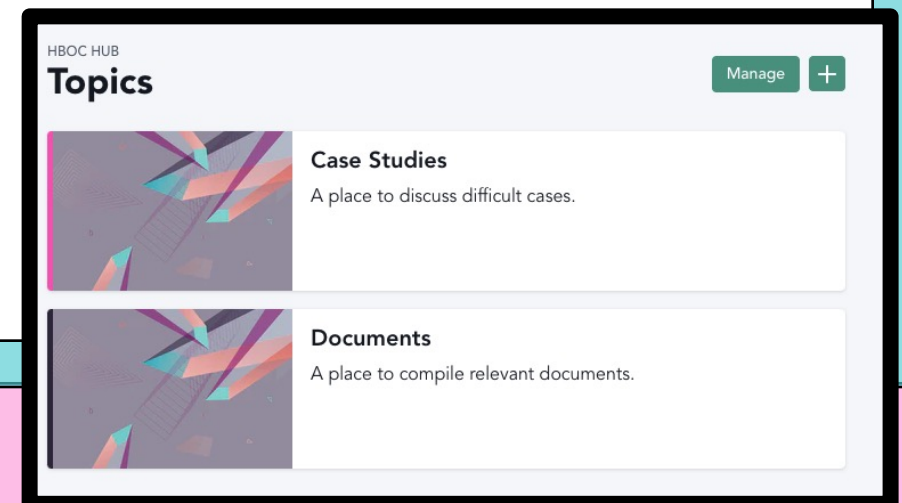
Community Administrator recommended this 1mo ago

 **Kathleen Lord**


No. 366-Gynaecologic Management of Hereditary Breast and Ovarian Cancer, Jacobson, Michelle. Bernardini, Marcus. Sobel, Mara. Kim, Raymond. McCuaig, Jeanna. Allen, Lisa. et al. Journal of Obstetrics and Gynaecology Canada , Volume 40, Issue 11, 1497 - 1510


No. 366-Gynaecologic Management of Hereditary Breast and Ovarian Cancer

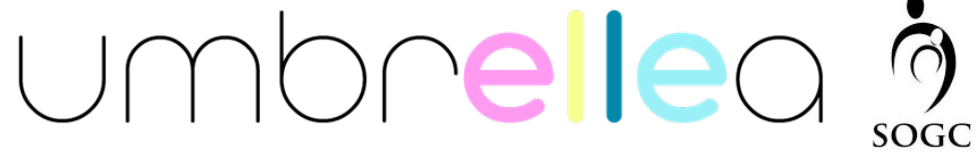
This Committee Opinion outlines the gynaecologic management recommendations



HBOC HUB
Topics Manage +

 **Case Studies**
A place to discuss difficult cases.

 **Documents**
A place to compile relevant documents.



To join the community, please complete the
UmbrELLEa & HBOC Hub Application

*An invitation to join the community will be sent to
your email following today's event.*

The screenshot shows a teal header with the "umbrella" logo and the title "umbrELLEa & HBOC Hub Application". Below the title, there is a paragraph of text explaining the platform's mission and purpose. A "Next" button is visible at the bottom of the form.

umbrella

umbrELLEa & HBOC Hub Application

UmbrELLEa is a community platform hosted by the Society of Obstetricians and Gynecologists of Canada (SOGC) for all health care professionals working in the field of Women+ health.

Our mission is to create a safe and engaging space for collaboration, peer-to-peer consultation and idea sharing.

Through this collaborative space, we encourage health care providers from all practices to work stronger together as we continuously strive to better the health and wellbeing of women+ across Canada.

Through umbrELLEa we have created The HBOC Hub. This is a space for you to access evidence based resources and expert consultation on the complex reproductive needs of women with hereditary breast and ovarian cancer syndromes.

...

* Required

Contact Information

1. Email Address *

2. First & Last Name *

Next

HBOC Clinics Across Canada

- The Familial Ovarian Cancer Clinic (FOCC) and FOCC-Aftercare Clinics
Women's College Hospital, Toronto, ON
Dr. Michelle Jacobson (Menopause), Dr. Marcus Bernardini (Gynecologic Oncology), Dr. Lisa Allen (Gynecology),
Dr. Mara Sobel (Gynecology)
- The Charlotte and Lewis Steinberg Familial Breast and Ovarian Cancer Clinic
North York General Hospital, Toronto, ON
Dr. Elyse Lackie (Gynecology)
- Risk of Endometrial Cancer Program
University Health Network, Toronto, ON
Dr. Sarah Ferguson (Gynecologic Oncology), Dr. Stephane Laframboise (Gynecology Oncology)
Dr. Shima Deljoomanesh (Family Medicine)
 - Providing evidence-based clinical care and counselling for women affected by Lynch Syndrome
- **Credit Valley - Mississauga, CHUM – Quebec, Hamilton, Newfoundland**



HBOC Clinics Across Canada

- **Blue Bird Clinic, HSC Women's Hospital, Winnipeg, MB**
Dr. Alon Altman (Gynecologic Oncology), Dr. Sarah Kean (Gynecologic Oncology),
Dr. Debra Evaniuk (Menopause)

- Gynecologic Oncology Survivorship Clinic, Personalized Gynecologic Cancer Prevention and Survivorship
BC Women's Hospital and Health Centre, Vancouver, BC
Dr. Lesa Dawson (Gynecologic Oncology), Dr. Janice Kwon (Gynecologic Oncology)



**BC WOMEN'S
HOSPITAL+**
HEALTH CENTRE



Risk-Reduction Counselling

No. 366 – Gynaecologic Management of Hereditary Breast and Ovarian Cancer

Michelle Jacobson, Marcus Bernardini, Mara Sobel, Raymond Kim, Jeanna McCuaig, Lisa Allen

- Committee Opinion outlining the gynaecologic management recommendations for women diagnosed with HBOC with respect to screening, contraception, chemoprophylaxis, fertility considerations, risk-reducing surgery, and post-oophorectomy care.

NCCN Clinical Practice Guidelines in Oncology – Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic – Version 1.2022 (most recent)

College of American Pathologists (CAP) Cancer Protocol Ovary Fallopian Protocol – SEE-FIM Guideline



COLLEGE of AMERICAN
PATHOLOGISTS

Protocol for the Examination of Specimens From Patients With Primary Tumors of the Ovary, Fallopian Tube, or Peritoneum

JOGC

Journal of Obstetrics and Gynaecology Canada
Journal d'obstétrique et gynécologie du Canada

SOGC CLINICAL PRACTICE GUIDELINE | VOLUME 40, ISSUE 11, P1497-1510, NOVEMBER 01, 2018

No. 366-Gynaecologic Management of Hereditary Breast and Ovarian Cancer

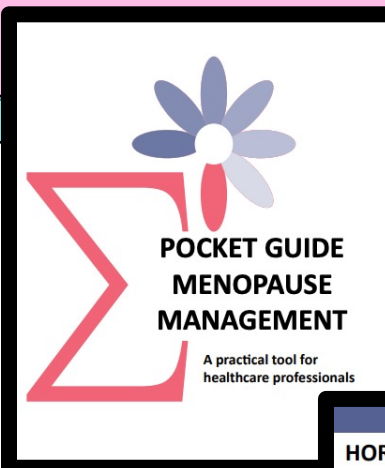
Michelle Jacobson, MD • Marcus Bernardini, MD • Mara L. Sobel, MD • Raymond H. Kim, MD, PhD •
Jeanna McCuaig, MSc, (C)CGC • Lisa Allen, MD

DOI: <https://doi.org/10.1016/j.jogc.2018.05.046>

Menopause

SIGMA Pocket Guide Menopause Management – A Practical Tool for Healthcare Professionals

- Developed by the **Canadian Menopause Society**
- Summarizes guidelines published by the Society of Obstetrics and Gynaecology (SOGC), International Menopause Society (IMS), the North American Menopause Society (NAMS), and the Endocrine Society (ES).
- Reviews essentials of management, choosing the right therapy, therapy options and suggested doses, hormone therapy and cancer, complementary and alternative medicine, non-hormonal options, and much more!



HORMONE THERAPY PRODUCTS IN CANADA

Table 1: Estrogen Products in Canada

Type of Estrogen	Trade Names	Strengths Available	Comments
Oral Estrogen			
conjugated estrogen (CE)	Premarin®	0.3, 0.625, 1.25 mg tablets	One tablet daily
17β estradiol	Estrace®	0.5, 1, 2 mg tablets	One tablet daily
Transdermal Estrogen Patches			
17β estradiol patch	Estradot®	25, 37.5, 50, 75, 100 µg patches	Twice weekly application
	Sandoz Estradiol Derm® (generic)	50, 75, 100 µg patches	Twice weekly application
	Oesclim®	25, 50 µg patches	Twice weekly application
	Climara®	25, 50, 75, 100 µg patches	Once weekly application
Transdermal Estrogen Gel			
			Daily application, use in same area (do not rotate sites)
			Daily application

Table 5: Suggested Doses in Hormone Therapy Regimens

Type of Product	Starting Doses
Estrogen*	
Oral estrogen:	
conjugated estrogen (CE)	0.3 - 0.625 mg tablet daily
17β-estradiol oral	0.5 – 1 mg tablet daily
Transdermal estrogen:	
17β-estradiol (patch)	25 – 50 µg patches once or twice weekly (see transdermal estrogen products)
17β-estradiol (gel)	1 - 2 metered doses/actuation daily (Estrogel®) 0.5 – 1 mg packets daily (Divigel®)
Progestogen	
Oral progestogens:	
progesterone micronized	100 mg daily for continuous regimen** 200 mg daily for 12 – 14 days/month for cyclic regimen*
medroxyprogesterone acetate	2.5 mg daily continuous regimen* 5 mg cyclic regimen (12 -14 days/month)*
Combined Patches:	
17β-estradiol/norethindrone acetate	50/140 µg continuous regimen twice weekly patch 50/140 µg or 50/250 µg cyclic regimen (i.e., 12 - 14 days/month) twice weekly patch

*higher doses of progestogens will be required when higher estrogen doses are used **off-label use

Patient Resources

- **FORCE: Facing our Risk of Hereditary Cancer Empowered**

www.facingourrisk.org



Facing Hereditary Cancer EMPOWERED

- **Ovarian Cancer Canada**
www.ovariancanada.org



Ovarian Cancer Canada
Cancer de l'ovaire Canada

- **Canadian Cancer Society**
www.cancer.ca



Canadian Cancer Society
Société canadienne du cancer