

7:30	Registration and Coffee
8:20	Welcome and Opening Remarks
8:30	Drugs for Voiding Dysfunction: What Works Harold Drutz
9:05	Differential Diagnosis and Management for Chronic Pelvic Pain Nucelio Lemos
9:40	Migraines in Midlife Women Christine Lay
10:15	AM Refreshment
10:45	Keynote Lecture Common Vulvar Complaints in the Aging Woman Lynette Margesson
11:35	Depression and PMS in Women Alison Shea
12:10	Pessary 101 – for Primary Practice May Alarab
12:30	Lunch Note: There will be a pessary demonstration on the second floor of Alumni Hall, VC with Dr. May Alarab
1:30	Post Lunch Discussion Laser Therapy: What You Should Be Telling Your Patients Wendy Wolfman, Lynette Margesson and Colleen McDermott
2:00	Sexual Dysfunction: Answers Not Found in Your Medicine Cabinet Yonah Krakowsky

2:35	PM Refreshment
2:50	The Management of Menopausal Symptoms Wendy Wolfman
3:25	Social Media and Technology: Driving Women’s Health Marla Shapiro
4:00	Final Comments and Adjournment

Course Objectives

Our objectives for this day include addressing the common health issues related to women as they age. We will discuss state-of-the-art gynaecological and menopausal treatments. Finally, we want to provide a forum for interactive dialogue for the management of health care issues related to the aging women.

Accreditation

- This event is an accredited group learning activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of the **Royal College of Physicians and Surgeons of Canada** and has been assigned **5.5 credits**.
- This program meets the accreditation criteria of the **College of Family Physicians of Canada** and has been accredited for **5.5 MAINPRO®-M1 credits**.
- For nurses, this course will fulfill the requirement for reflective practice

Guest Faculty

Lynette Margesson
Dermatologist
Boston, Masschsetts

We are pleased to welcome back [Dr. Lynette Margesson](#) to be our keynote speaker at this year’s program. Dr. Margesson a gifted teacher and a true advocate for women’s health.

Local Faculty – University of Toronto

May Alarab
Associate Professor, Dept. of Obstetrics & Gynaecology
Urogynaecologist, Mount Sinai Hospital

Harold Drutz
Professor, Obstetrics & Gynaecology
University of Toronto
Baycrest Centre for Geriatric Care

Christine Lay
Associate Professor
Department of Medicine
Division of Neurology
University of Toronto
Director, Centre For Headache
Women’s College Hospital

Yonah Krakowsky
Urologist
Mount Sinai Hospital

Nucelio Lemos
Associate Professor of Obstetrics and Gynaecology
University of Toronto Faculty of Medicine
Functional Pelvic Surgery & Neuropelveology
Mount Sinai Hospital, Women’s College Hospital

Colleen McDermott
Associate Professor, Dept. of Obstetrics & Gynaecology
Urogynaecologist, Mount Sinai Hospital

Marla Shapiro C.M
Associate Professor, Department of Family and Community Medicine
University of Toronto
Director of SIGMA (Canadian Menopause Society)
Mount Sinai Hospital, North York General Hospital and The University Health Network

Alison Shea
Assistant Professor, Obstetrics & Gynaecology
University of Toronto
Gynaecologist, Mount Sinai Hospital

Wendy Wolfman
Professor, Obstetrics & Gynaecology,
University of Toronto
Director of Menopause Unit,
Mount Sinai Hospital



Course Directors

Harold Drutz
Professor, Obstetrics & Gynaecology
University of Toronto
Head - Division of Urogynaecology
Mount Sinai Hospital

Wendy Wolfman
Professor, Obstetrics & Gynaecology,
University of Toronto
Director of Menopause Unit,
Mount Sinai Hospital

Registration (MWHC)

First Name: _____

Last Name: _____

Workplace Facility: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Phone _____

Email: _____

***Confirmation of registration will be sent by email*

Profession ☐ Obstetrician ☐ Family Physician

☐ Nurse ☐ NP ☐ Resident/Fellow

☐ Other

If paying by cheque, please complete this form and make your cheque payable to **OBS/GYN Associates** and mail to:

CME – Dept. of Ob/Gyn
Mount Sinai Hospital
700 University Ave. 3rd Flr., Room 3-344
Toronto, Ontario M5G 1Z5

If paying by credit card, please complete credit card information and mail to the above listed address or fax to **FAX # (416) 586-5958**

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Signature: _____

www.maturewomenshealth.ca
Registration Fees (Canadian \$)

	Before March 13	After March 13	..
Physicians	\$225 +HST = \$254.25	\$250 +HST = \$282.50	
Nurses and NPs & Physios	\$175 +HST = \$197.75	\$200 +HST = \$226.00	
Fellows Residents	\$100 +HST = \$113.00	\$125 +HST = \$141.25	

Registration fee includes attendance at all lectures, syllabus, CME credits, continental breakfast, lunch and coffee breaks Refunds will not be issued for cancellations received after March 13, 2018. A processing fee of \$40.00 will be retained on all cancellations

Isabel Bader Theatre
93 Charles St.

The Isabel Bader Theatre is part of Victoria College, University of Toronto and is located just south of Bloor and Avenue Rd. across from the Royal Ontario Museum). The Isabel Bader Theatre is located steps away from **Museum Subway Station**, on the south side of Charles St. An underground parking lot is available for use within walking distance at “The Colonnade” off Bloor St. at St. Thomas St.

Accommodation

Mount Sinai Hospital / University of Toronto have a negotiated rate for a deluxe room with the **Eaton Chelsea Hotel**. You will be sent a confirmation email that includes a link so that you can registered online for a hotel room (please note it is NOT a room block but a rate for University of Toronto course participants).

1 (800) 243-5732.
Eaton Chelsea Hotel
33 Gerrard St. West
www.eatonchelsea.com



To view this program and other CME programs, please go to our website:

Dept. of Obstetrics & Gynaecology – CME
www.mountsinai.on.ca/cme/
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Questions?
Email: cmeobgyn@sinaihealthsystem.ca

13th Annual

Mature Women’s Health Care

Friday April 13, 2018

Isabel Bader Theatre
Victoria College, University of Toronto
93 Charles St.
Toronto, Ontario

If registering on-line, go to the website