Residency Rotation-Specific Objectives

**Rotation: AMBULATORY OBSTETRICS & GYNAECOLOGY (PGY2-5)**

**CanMEDS Focus Roles:** HEALTH ADVOCATE, LEADER

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<th>Resident name:</th>
<th>Supervisor name:</th>
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**IMPORTANT:** Supervisor and resident must discuss these rotation-specific objectives during the rotation orientation, and sign below to confirm discussion has taken place.

| Resident signature | Supervisor signature | Date |

**A. Background**

- This rotation was developed to provide experience in the ambulatory component of Obstetrics and Gynaecology. The areas of general obstetrical and gynaecological care that occur in an outpatient setting are the priority of this rotation.
- This rotation is not intended to be an individualized learning project as are the elective rotations. However, this rotation may be customized to the trainee’s specific areas of interests and also to the trainee’s postgraduate level of training.
- To optimize efficient learning in areas of ambulatory care not commonly encountered, several unique ambulatory experiences have been included in this rotation.

**B. Implementation**

1. The rotation is 1 block in duration.

2. In order to have meaningful evaluations, a minimum number of encounters between trainees and teachers is essential. The Ambulatory Rotation Coordinator is responsible for collecting and collating the evaluations.
   - The maximum number of teachers who contribute to the evaluation is six.
   - The minimum number of encounters/clinic time is 1 to 3 per teacher.
   - In a routine week, the resident should experience a mixture of clinics that deal with ambulatory care, as noted under 1.3, page 2.

2. The Ambulatory Rotation Coordinator will assign the encounter times and the supervisor(s).

**C. Objectives**

...continued next page
Objectives, continued…

1 MEDICAL EXPERT

1.1 Knowledge of Anatomy and Physiology Objectives:
   1 Demonstrate an understanding of the pathophysiology of common outpatient obstetrical and gynaecologic conditions.

1.2 Data Gathering Objectives:
   1 Obtain a complete, yet focused gynaecologic history specific to the presenting issue at a consultant level
   2 Conduct an appropriate and focused physical examination that includes performing relevant procedural diagnostic tests
   3 Obtain a thorough obstetrical history
   4 Conduct a gestational age-appropriate antenatal and postpartum examination.

1.3 Clinical Reasoning, Management and Judgement/Diagnostic and Therapeutic Planning Objectives:
   1 Formulate differential diagnoses for common outpatient reasons for referral at a consultant level.
   2 Manage common ambulatory care presentations, including:
      a) pelvic pain
      b) abnormal uterine bleeding
      c) menopause
      d) contraception
      e) low-risk obstetrics
      f) general gynaecology.
   3 Manage complex/uncommon ambulatory care presentations, including:
      a) vulvar dermatologic conditions
      b) hereditary/familial cancers
      c) gynaecologic care for breast cancer survivors.

1.4 Procedural skills Objectives:
   1 Demonstrate expertise in performing common ambulatory care procedures, e.g.,
      • Endometrial biopsy
      • Intrauterine device/system placement
      • Vulvar biopsy and treatments

2 COMMUNICATOR

2.1 Physician/Patient Relationship Objectives:
   1 Establish a therapeutic relationship with patients/families.
   2 Listen effectively, discuss appropriate information with patients/families.
   3 Teach patients/families, as appropriate.

2.2 Written / Verbal Communication Skills Objectives:
   1 Discuss appropriate information with patients/families and the healthcare team.
   2 Demonstrate ability to convey bad news with empathy to patients.
   3 Complete health records in an accurate and timely manner including interactions with patients and families in the ambulatory clinic setting and in telephone interactions.

3 COLLABORATOR

3.1 Team Relations Objectives:
   1 Demonstrate appropriate communication skills when interacting with all members of the multidisciplinary healthcare team and administrative staff.
   2 Demonstrate an understanding of all inter-professional team member roles
   3 Participate actively as a team member.
   4 Consult the appropriate medical services to optimize patient care.
4 LEADER

4.1 Time Management Objectives:
1. Assess patients in an efficient manner in the ambulatory clinics.

4.2 Resource Stewardship Objectives:
1. Apply principles of choosing wisely in using appropriate health professionals and resources.

4.3 Administrative Skills Objectives:
1. Coordinate ambulatory patient care including communication with consulting services, follow up and review of investigations, responding to patient/family queries and timely completion of health records.

5 HEALTH ADVOCATE

5.1 Determinants of Health/Health Advocacy Objectives:
1 Appreciate the unique social pressures that affect the patient, including:
   • Cultural influences on treatment options
   • Socio-economic influences on treatment options.
2 Gain exposure to general obstetrical and gynaecologic issues in an at-risk population

6 SCHOLAR

6.1 Self-Directed Learning Objectives:
1 Demonstrate critical approach to the literature regarding investigation, therapeutics and healthcare delivery with respect to ambulatory care patients.

6.2 Teaching Skills Objectives:
1 Teach medical students, junior residents, other staff, and patients in the ambulatory-care setting.

7 PROFESSIONAL

7.1 Responsibility Objectives:
1 Be available to the administrative staff and healthcare team and participate in the management of patients in the clinic
2 Work in conjunction with the physician staff, fellows, clinic nurses and allied health providers
3 Demonstrate professional attitudes in interactions with patients and other healthcare personnel
4 Report absences in a timely manner.

7.2 Self-Assessment Skills/Insight Objectives:
1 Communicate with attending staff and request assistance in patient management when appropriate.
2 Consult ancillary services when required to enhance patient care.

7.3 Ethics Objectives:
1 Demonstrate an awareness of the medico-legal issues and ethical issues with respect to patient confidentiality and autonomy.
2 Demonstrate familiarity with some of the common ethical issues that arise in providing care in the ambulatory care clinic setting.

7.4 Determinants of Health/Health Advocacy Objectives:
1 Identify the important determinants of health affecting patients and contribute effectively to improved health of patients and communities.
2 Recognize and respond to those issues where advocacy is appropriate.
## Version Control

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