



Speaker Biographies



Ted Bober, M.S.W., R.S.W.
Associate Director, Clinical Services
Physician/Professionals Health Program

Ted Bober is a graduate of the University of Toronto with over 30 years of clinical and administrative experience in the field of occupational health, mental health and addictions. He is the Associate Director of Clinical Services at the Ontario Medical Association's Physician Health Program. This program supports medical students, residents and physicians experiencing significant personal or family stress, mental health or substance use problems. Ted has a keen interest in enhancing professional health and performance during high-stress conditions. He has served as a consultant to first responders following disasters in Canada and the US. He has also provided training on professional health and effectiveness during trauma related work to many organizations including the Transportation Safety Board of Canada, Ministry of Attorney General, Health Canada and the Indian Residential School Adjudication Secretariat. Ted has presented at scientific conferences in Canada, the USA, and the UK and is the co-author of the book *In the Line of Fire: Traumatic Stress in the Emergency Services* published by Oxford University Press.



Dr. Joy Albuquerque, MD, MA, FRCP(C)
Associate Medical Director
Physician/Professionals Health Program

Associate Medical Director, Dr. Joy Albuquerque completed her medical training in Manitoba then worked as a general practitioner for a few years prior to specializing psychiatry, completing her FRCP training in Ottawa 1997. With a longstanding interest in mental health advocacy, she chose to round out her education through graduate training in philosophy (MA 2007). Dr. Albuquerque joined the OMA's physician health program as the Associate Medical Director in 2004, where her role has evolved beyond the management of mental health conditions to expertise in the field of risk management of physicians and their work. She also contributes regularly to medical education events dealing with topics of physician health, burnout and resilience. Dr. Albuquerque practices at St. Michael's Hospital and is an Assistant Professor at the University of Toronto department of psychiatry. Outside of medicine Joy is an avid reader of classics and fiction and for years she and her husband enjoy going on long-distance walks.



Dr. Janet Bodley, MD, MEd, FRCSC

Associate Professor, University of Toronto
Staff obstetrician/gynecologist and
urogynecologist at Sunnybrook Health
Sciences Centre

Janet Bodley graduated from University of Toronto Faculty of Medicine and completed postgraduate training in obstetrics and gynecology in Toronto. She completed fellowship training in urogynecology and minimally invasive surgery at Women's College hospital. She maintains an active practice in urogynecology/minimally invasive surgery. She completed a Master's in education in 2007 with focus on the health professions. Special area of interest includes the role of communication and mentorship in improving medical education and medical practice. She serves as a clinician educator with active teaching roles at the undergraduate, postgraduate and faculty development levels including postgraduate site coordinator as well as rotation coordinator for urogynecology at Sunnybrook Health Sciences Centre. She maintains a career and mentorship focus with Centre for Faculty Development and participates in developing and presenting workshops both locally and nationally. In January 2011 she was appointed to be Faculty Lead for the Resident Wellness Program in the Department of Obstetrics and Gynecology at the University of Toronto.



Dr. Steven Selchen, MD, MSt, FRCPC

Director, Ambulatory Psychiatry,
Head, Adult Division of Psychiatry,
Director, Sunnybrook Psychiatry Institute for Continuing Education
Head, Cognitive Behaviour Therapy and Mindfulness-Based Interventions, Department of Psychiatry, Sunnybrook Health Sciences Centre
Head, Mindfulness-Based Interventions University of Toronto, Department of Psychiatry

Steven Selchen is a leading expert in the integration of mindfulness with cognitive-behavioural training. He holds a Master's degree from Oxford University in Mindfulness-Based Cognitive Therapy (MBCT), as well as a medical degree and psychiatric specialty from the University of Toronto. He runs a clinical, educational and research program in mindfulness-based approaches at Sunnybrook Health Sciences Centre (University of Toronto), where he is Director of Ambulatory Psychiatry and Director of Continuing Mental Health Education. He is also the Chief of Psychiatry at Joseph Brant Hospital (McMaster University). He has a particular focus on wellness promotion, and leads innovative educational and professional development workshops in a variety of settings.



Dr. Tino Piscione, MD, PhD, FRCPC
Physician Advisor, Safe Medical Care, CMA

Dr. Tino Piscione joined the CMA in July 2014, following 12 years as a staff pediatric nephrologist and clinician-scientist in the department of pediatrics at The Hospital for Sick Children and as an assistant professor of pediatrics at the University of Toronto. Dr. Piscione graduated in medicine at Queen's University in Kingston, Ontario in 1991. He subsequently completed residency training in pediatrics and pediatric nephrology at The Hospital for Sick Children in Toronto in 1996. Dr. Piscione's background in medical education stems from past experience as associate and head program director of the Paediatric Nephrology Residency Training Program at the University of Toronto. His interest in patient safety and quality improvement is founded on formal education in the Patient Safety & Quality Improvement Certificate Program at University of Toronto.



Dr. Karen Leslie, MD, MEd, FRCPC
Professor of Paediatrics University of Toronto
Director, Centre for Faculty Development

Karen Leslie is a staff paediatrician in the Division of Adolescent Medicine at the Hospital for Sick Children and a Professor of Paediatrics at the University of Toronto. She is a clinician educator and has held various leadership roles in undergraduate, postgraduate, continuing education and faculty development. She completed a graduate degree on Education at the Ontario Institute for Studies in Education (OISE) in 2008. Dr. Leslie was named as the Associate Director of the CFD in 2006, and in 2009 became the Director of the Centre. Her scholarly interests are in the areas of faculty development, career development and mentoring, and academic identity.



Dr. Theodore Brown, PhD
Investigator, Lunenfeld-Tanenbaum
Research Institute

Dr. Theodore Brown is an Investigator at the Lunenfeld-Tanenbaum Research Institute, Professor and Head of the Division of Reproductive Endocrinology and Infertility within the University of Toronto's Department of Obstetrics and Gynaecology and the Chief of the Department's Research Committee. Dr. Brown is a reproductive endocrine biologist who was intrigued by the complexity of this area, the potential indirect role of reproductive factors, and the need to improve outcomes for patients. He examines the role steroid hormones play in cancer risk and progression, with a focus on epithelial ovarian cancer. In order to develop effective treatments and better diagnostic tests, Dr. Brown is working to identify markers of early stage disease. In collaboration with scientists at Mount Sinai Hospital and Princess Margaret Hospital, Dr. Brown is using gene microarrays to identify the molecular pathways and genes (including BRCA1/2) associated with ovarian cancer predisposition and progression. Dr. Brown holds several research grants including CIHR operative grants and is always willing to share his expertise with his colleagues.



Dr. Brian Murray, MD, FRCP(C) D,ABSM

Associate Professor, Neurology and Sleep Medicine, University of Toronto
Chair, Research Ethics Board, Sunnybrook Health Sciences Centre

Brian Murray is an associate professor at the University of Toronto in neurology and is the director of the sleep laboratory at Sunnybrook Health Sciences Centre. He obtained board certification in Neurology, and Sleep Medicine through Harvard University. His major clinical and research interests are in neurological aspects of sleep medicine, and the relationship between sleep and behaviour. He is the Chair of the Sunnybrook Research Ethics Board and the Chair of the Royal College of Physicians and Surgeons of Canada Specialty Committee in Neurology.



Dr. Robin Richards, MD, FRCSC

Surgeon-in-Chief Emeritus
Sunnybrook Health Sciences Centre

Robin Richards was born in Guelph, Ontario and attended McMaster University where he obtained BA (Geography - 1973) and MD (1976) degrees. He completed the University of Toronto Postgraduate Training Program in Orthopaedic Surgery and received his FRCSC in 1982. Dr. Richards was a Fellow at Duke University in 1983 and joined the staff of St. Michael's Hospital in 1984 where he was Head of the Division of Orthopaedic Surgery, Medical Director of the Mobility Program, Chair of the Medical Advisory Committee and served on the Board. Dr. Richards was Head of the Department of Surgery and Co-Director of the Operating Room and Related Services at Sunnybrook HSC from 2001 - 2012. Dr. Richards maintains an active surgical practice focusing on arthroplasty of the shoulder and elbow, upper extremity reconstruction following trauma, soft tissue procedures to control joint instabilities in the upper extremity and the surgical treatment of irreparable brachial plexus injury. Dr. Richards is Vice Chair – Clinical of the University of Toronto Department of Surgery, Chair of the Awards and Internal Evaluation Committees, Medical Director of the Sunnybrook Working Condition Program and Sunnybrook Centre for Independent Living and Co-Editor of the Journal of Bone and Joint Surgery Open Access. Dr. Richards is a member of the American Academy of Orthopaedic Surgeons, Past Secretary-Treasurer of the American Shoulder and Elbow Surgeons and Past-President of the Ontario and Canadian Orthopaedic Associations. Dr. Richards enjoys stream fishing, cycling and wind-surfing. Dr. Richards has four children ages 28 – 35 and one grandchild.