Obstetrics & Gynecology: Core EPA #12

Assessing, diagnosing and managing patients with chronic pelvic pain and sexual health concerns

Key Features:
- This EPA includes counselling and consideration of multi-disciplinary options of management (physiotherapy, etc.) as well as medical and surgical options.

Assessment Plan:

Observation by OBGYN faculty, subspecialty trainee, chronic pain specialist, or other health professional

Use Form 1. Form collects information on:
- Patient presentation: chronic pelvic pain; sexual health concern
- Diagnosis: vulvodynia; levator hypertonicity; myofascial pain; female sexual dysfunction; other
- If 'other' please indicate diagnosis: [free text]

Collect 2 observations of achievement
- At least 1 chronic pelvic pain
- At least 1 case of sexual dysfunction

Relevant Milestones:

1. **ME 1.4** Apply a broad base and depth of knowledge in clinical and biomedical sciences to manage the breadth of patients presenting with chronic pain or sexual concerns
2. **ME 1.5** Perform clinical assessments that address all relevant issues
3. **ME 2.3** Address the impact of the medical condition on the patient’s ability to pursue life goals and purposes
4. **ME 2.4** Develop and implement patient-centred management plans that consider all of the patient’s health problems and context
5. **COM 1.5** Recognize when strong emotions (such as anger, fear, anxiety, or sadness) are impacting an interaction and respond appropriately
6. **COM 2.1** Actively listen and respond to patient cues
7. **COM 3.1** Convey information about diagnosis and prognosis clearly and compassionately
8. **COL 1.2** Consult as needed with other health care professionals, including other physicians
9. **HA 1.1** Facilitate timely patient access to services and resources