

## Program

7:30	Registration and Coffee
8:20	Welcome & Introduction Cindy Maxwell
8:30	Medical Assessment and Care in Pregnancies Affected by Obesity Gabrielle Cassir
9:00	Weight Loss Surgery and Complications of Pregnancy David Urbach
9:20	Panel Discussion and Q & A
9:40	AM Refreshment Break
9:55	Fertility Challenges and Outcomes Ellen Greenblatt
10:25	Update on Fetal and Maternal Imaging and Maternal BMI Phyllis Glanc
10:50	Surgical Management Cindy Maxwell
11:20	The Era of Negative-Pressure Wound Therapy Julia Kfouri
11:40	Lunch
12:40	Labour & Birth Team Planning in the Care of Women with Obesity Moderator: Cindy Maxwell Panel: David Macklin, Susan Guest, Jose Carvalho, Merihan Abdelmalek , Ernesto Figueiro-Filho, Milena Forte & Devi Krieger
1:40	Midwifery Pregnancy Care, Labour and Birth for Women with Increased BMI Devi Krieger
2:00	PM Refreshment Break

2:15	Newborn and Childhood Health Considerations Vibhuti Shah
2:35	Pregnancy & Exercise Milena Forte
2:55	Weight Bias, Stigma and Weight Management in Pregnancy Care David Macklin
3:15	Panel Discussion and Q & A
3:45	Concluding Remarks Cindy Maxwell

## Course Directors

**Cindy Maxwell**  
Division Head, Maternal Fetal Medicine, Sinai Health System  
Obesity Medicine Specialist  
Associate Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

**Dan Farine**  
Professor, Dept. of Obstetrics & Gynaecology, University of Toronto and Mount Sinai Hospital

## Organzing Committee

**Chairs:**  
Cindy Maxwell (MFM and Obesity Medicine) and Dan Farine (MFM)  
**International Participant:**  
Dr. Christina Vinter, MFM & Ob/Gyn, Copenhagen, Denmark  
**National:**  
MFM Dr. Gabrielle Cassir (Montreal QC)  
**Regional:**  
MFM/Ob - Dr. Rohan D'Souza  
Family Medicine - Dr. Milena Forte  
Midwifery - Devi Krieger  
Nursing - Susan Guest  
Family & Obesity Medicine Dr. David Macklin  
**Learners/Fellows:**  
Dr. Merihan Abdelmalek and Dr. Ernesto Filho-Figueiro

## Faculty

**Merihan Abdelmalek**  
Resident- Department of Obstetrics and Gynecology, University of Toronto  
Mount Sinai Hospital

**Jose CA Carvalho**  
Professor of Anesthesia and Obstetrics and Gynecology, University of Toronto  
Director, Obstetric Anesthesia, Mount Sinai Hospital

**Gabrielle Cassir**  
Assistant Professor of Obstetrics and Gynecology, McGill University  
St. Mary’s Hospital, Montreal, Quebec

**Ernesto Figueiro-Filho**  
Maternal Fetal Medicine Fellow  
University of Toronto / Mount Sinai Hospital

**Phyllis Glanc**  
Professor, Department of Medical Imaging, University of Toronto  
Sunnybrook Health Sciences Centre

**Ellen Greenblatt**  
Professor, Dept. of Obstetrics and Gynaecology, University of Toronto  
REI Division Head and Medical Director, Mount Sinai Fertility, Dept.of Obstetrics and Gynaecology, Mount Sinai Hospital

**Susan Guest**  
Clinical Nurse Specialist  
Women’s and Infants Health Program  
Mount Sinai Hospital

**Milena Forte**  
Assistant Professor, Department of Family & Community Medicine, University of Toronto  
Mount Sinai Hospital

**Julia Kfouri**  
Assistant Professor, Department of Obstetrics & Gynecology, University of Toronto  
Mount Sinai Hospital

**Devi Krieger**  
Registered Midwife, Midwives Collective of Toronto  
Mount Sinai Hospital

**David Macklin**  
Lecturer, Dept. of Community and Family Medicine, University of Toronto  
Director, Medcan Clinic 365 Weight Management

**Cindy Maxwell**  
Associate Professor, Department of Obstetrics & Gynecology, University of Toronto  
Mount Sinai Hospital

**Vibhuti Shah**  
Professor, Department of Paediatrics and Health Policy, Management and Evaluation (Neonatology), University of Toronto  
Mount Sinai Hospital

**David R. Urbach**  
Professor of Surgery and Health Policy, Management and Evaluation, University of Toronto  
Surgeon-in-Chief and Medical Director, Perioperative Services, Women’s College Hospital

## Course Objectives

- To identify the key issues confronting health care providers in the management of the obese gravida during pregnancy
- To understand the evidence behind pregnancy care recommendations for obese pregnant women
- To understand challenges in providing quality and safety in maternity care complicated by obesity
- To review key issues for the future in providing pregnancy care and identifying areas for investigation in obesity during pregnancy and its impact on the next generation

Registration (Obesity & Pregnancy)

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Workplace Facility: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone \_\_\_\_\_

Email: \_\_\_\_\_

\*\*Confirmation of registration will be sent by email

Profession    ☐ Obstetrician    ☐ Family Physician

☐ Midwife    ☐ Nurse    ☐ NP

☐ Resident/Fellow    ☐ Other \_\_\_\_\_

If paying by cheque, please complete this form and make your cheque payable to **OBS/GYN Associates** and mail to:

*CME – Dept. of Ob/Gyn*  
*Mount Sinai Hospital*  
*700 University Ave. Room 8-934*  
*Toronto, Ontario M5G 1Z5*

If paying by credit card, please complete credit card information and mail to the above listed address or fax to **FAX # (416) 586-5958**

☐ Visa    ☐ Mastercard

Card # : \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

If registering on-line, go to the Mount Sinai website  
[www.mountsinai.on.ca/cme/](http://www.mountsinai.on.ca/cme/)

Registration Fees (Canadian \$)

	Before December 24 2019	After December 24 2019
Physicians	\$225 + HST = <b>\$254.25</b>	\$250 + HST = <b>\$282.50</b>
Midwives		
Nurses/ NPs	\$175 + HST = <b>\$197.75</b>	\$200 + HST = <b>\$226.00</b>
Residents		
Fellows	\$100 + HST = <b>\$113.00</b>	\$125 + HST = <b>\$141.25</b>

Registration fee includes attendance at all lectures, syllabus material, CME credits, continental breakfast and lunch. Refunds will not be issued for cancellations received after December 24, 2019. A processing fee of \$40.00 will be retained on all cancellations.

Accreditation

This event has been submitted for accreditation with the appropriate accreditation bodies and credit hours will be posted online as the figures become available.

For nurses, this course will fulfill the requirement for reflective practice.

Accommodation

Mount Sinai Hospital / University of Toronto have a negotiated rate for a deluxe room with the **Eaton Chelsea Hotel**. You will be sent a confirmation email that includes a link so that you can registered online for a hotel room (please note it is NOT a room block but a rate for University of Toronto course participants).

1 (800) 243-5732.  
Eaton Chelsea Hotel  
33 Gerrard St. West  
[www.eatonchelsea.com](http://www.eatonchelsea.com)



To view this program and other CME programs, please go to our website:

Dept. of Obstetrics & Gynaecology – CME  
[www.mountsinai.on.ca/cme/](http://www.mountsinai.on.ca/cme/)  
(416) 586 4800 ext. 2489  
FAX: (416 ) 586-5958  
Questions?  
Email: [cmeobgyn@sinaihealthsystem.ca](mailto:cmeobgyn@sinaihealthsystem.ca)

Obesity & Pregnancy

Friday January 24, 2020

Course Directors:  
Dr. Cindy Maxwell & Dr. Dan Farine

Sadowski Auditorium  
Mount Sinai Hospital  
600 University Ave.  
Toronto, Ontario