# Program

7:30	Registration and Coffee
8:20	Welcome & Introduction Cindy Maxwell
8:30	Medical Assessment and Care in Pregnancies Affected by Obesity Gabrielle Cassir
9:00	Weight Loss Surgery and Complications of Pregnancy David Urbach
9:20	Panel Discussion and Q & A
9:40	AM Refreshment Break
9:55	Fertility Challenges and Outcomes Ellen Greenblatt
10:25	Update on Fetal and Maternal Imaging and Maternal BMI Phyllis Glanc
10:50	Surgical Management Cindy Maxwell
11:20	The Era of Negative-Pressure Wound Therapy Julia Kfouri
11:40	Lunch
12:40	Labour & Birth Team Planning in the Care of Women with Obesity Moderator: Cindy Maxwell Panel: David Macklin, Susan Guest, Jose Carvalho, Merihan Abdelmalek, Ernesto Figueiro-Filho, Milena Forte & Devi Krieger
1:40	Midwifery Pregnancy Care, Labour and Birth for Women with Increased BMI Devi Krieger

PM Refreshment Break

2:15	<b>Newborn and Childhood Health Considerations</b>
	Vibhuti Shah

#### 2:35 **Pregnancy & Exercise** Milena Forte

### 2:55 Weight Bias, Stigma and Weight Management in Pregnancy Care David Macklin

#### 3:15 Panel Discussion and Q & A

## 3:45 Concluding Remarks Cindy Maxwell

## **Course Directors**

#### Cindy Maxwell

Division Head, Maternal Fetal Medicine, Sinai Health System Obesity Medicine Specialist Associate Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

#### **Dan Farine**

Professor, Dept. of Obstetrics & Gynaecology, University of Toronto and Mount Sinai Hospital

# **Organzing Committee**

#### Chairs:

Cindy Maxwell (MFM and Obesity Medicine) and Dan Farine (MFM)

#### **International Participant:**

Dr. Christina Vinter, MFM & Ob/Gyn, Copenhagen, Denmark

## National:

MFM Dr. Gabrielle Cassir (Montreal QC)

#### Regional:

MFM/Ob - Dr. Rohan D'Souza Family Medicine - Dr. Milena Forte Midwifery - Devi Krieger Nursing - Susan Guest

Family & Obesity Medicine Dr. David Macklin

#### Learners/Fellows:

Dr. Merihan Abdelmalek and Dr. Ernesto Filho-Figueiro

# **Faculty**

#### Merihan Abdelmalek

Resident- Department of Obstetrics and Gynecology, University of Toronto Mount Sinai Hospital

#### Jose CA Carvalho

Professor of Anesthesia and Obstetrics and Gynecology, University of Toronto Director, Obstetric Anesthesia, Mount Sinai Hospital

#### Gabrielle Cassir

Assistant Professor of Obstetrics and Gynecology, McGill University St. Mary's Hospital, Montreal, Quebec

#### Ernesto Figueiro-Filho

Maternal Fetal Medicine Fellow University of Toronto / Mount Sinai Hospital

#### **Phyllis Glanc**

Professor, Department of Medical Imaging, University of Toronto
Sunnybrook Health Sciences Centre

#### **Ellen Greenblatt**

Professor, Dept. of Obstetrics and Gynaecology, University of Toronto REI Division Head and Medical Director, Mount Sinai Fertility, Dept.of Obstetrics and Gynaecology, Mount Sinai Hospital

#### **Susan Guest**

Clinical Nurse Specialist Women's and Infants Health Program Mount Sinai Hospital

#### Milena Forte

Assistant Professor, Department of Family & Community Medicine, University of Toronto Mount Sinai Hospital

#### Julia Kfouri

Assistant Professor, Department of Obstetrics & Gynecology, University of Toronto Mount Sinai Hospital

#### Devi Krieger

Registered Midwife, Midwives Collective of Toronto Mount Sinai Hospital

#### **David Macklin**

Lecturer, Dept. of Community and Family Medicine, University of Toronto Director, Medcan Clinic 365 Weight Management

#### **Cindy Maxwell**

Associate Professor, Department of Obstetrics & Gynecology, University of Toronto Mount Sinai Hospital

#### Vibhuti Shah

Professor, Department of Paediatrics and Health Policy, Management and Evaluation (Neonatology), University of Toronto Mount Sinai Hospital

#### David R. Urbach

Professor of Surgery and Health Policy, Management and Evaluation, University of Toronto Surgeon-in-Chief and Medical Director, Perioperative Services, Women's College Hospital

# **Course Objectives**

- To identify the key issues confronting health care providers in the management of the obese gravida during pregnancy
- To understand the evidence behind pregnancy care recommendations for obese pregnant women
- To understand challenges in providing quality and safety in maternity care complicated by obesity
- To review key issues for the future in providing pregnancy care and identifying areas for investigation in obesity during pregnancy and its impact on the next generation

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Last Name:		
Workplace Facility:		
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City:		
Province:		
Postal Code:		
Phone		
Email:		
**Confirmation of registration will be sent by email		
Profession [ ] Obstetrician [ ] Family Physician [ ] Midwife [ ] Nurse [ ] NP [ ] Resident/Fellow [ ] Other  If paying by cheque, please complete this form and make your cheque payable to OBS/GYN Associates and mail to:		
CME – Dept. of Ob/Gyn Mount Sinai Hospital 700 University Ave. Room 8-934 Toronto, Ontario M5G 1Z5		
If paying by credit card, please complete credit card information and mail to the above listed address or fax to FAX # (416) 586-5958		
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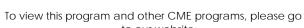
(Obesity & Pregnancy)

Registration

Registration Fees (Canadian \$)

Before After December 24 2019 December 24 2019 Physicians \$225 + HST = **\$254.25** \$250 + HST = **\$282.50** Midwives Nurses/ NPs \$175 + HST = **\$197.75** \$200 + HST = **\$226.00** Residents Fellows \$100 + HST = **\$113.00** \$125 + HST = **\$141.25** 

Registration fee includes attendance at all lectures, syllabus material, CME credits, continental breakfast and lunch. Refunds will not be issued for cancellations received after December 24, 2019. A processing fee of \$40.00 will be retained on all cancellations.



Dept. of Obstetrics & Gynaecology - CME

(416) 586 4800 ext. 2489 FAX: (416) 586-5958 Questions?





## Accreditation

This event has been submitted for accreditation with the appropriate accreditation bodies and credit hours will be posted online as the figures become available.

For nurses, this course will fulfill the requirement for reflective practice.

# Friday January 24, 2020

**Obesity & Pregnancy** 

Course Directors: Dr. Cindy Maxwell & Dr. Dan Farine

Sadowski Auditorium Mount Sinai Hospital 600 University Ave. Toronto, Ontario

# **Accommodation**

Mount Sinai Hospital / University of Toronto have a negotiated rate for a deluxe room with the **Eaton** Chelsea Hotel. You will be sent a confirmation email that includes a link so that you can registered online for a hotel room (please note it is NOT a room block but a rate for University of Toronto course participants).

1 (800) 243-5732. Eaton Chelsea Hotel 33 Gerrard St. West www.eatonchelsea.com to our website:

www.mountsinai.on.ca/cme/

Email: cmeobgyn@sinaihealthsystem.ca

If registering on-line, go to the Mount Sinai website www.mountsinai.on.ca/cme/