Surgical Foundations: Foundations EPA #4

Providing patient education and informed consent in preparation for surgical care

Key Features:
- This EPA focuses on the communication that occurs with patients and families to inform and discuss plans for surgical care

Assessment plan:
Direct observation by supervisor

Use Form 1. Form collects information on:
- Type of procedure: emergency; elective
- Setting: clinical; simulation

Collect 3 observations of achievement
- At least 2 different assessors
- At least one emergency procedure
- At least one elective procedure
- At least two in clinical setting

Relevant milestones
1. **F ME 2.3.1** Work with patients and their families to understand relevant options for care
2. **F ME 2.4.2** Ensure that the patient and family are informed about the risks and benefits of each treatment option in the context of best evidence and guidelines, addressing fears and concerns
3. **F ME 2.4.3** Discuss clinical uncertainty with the patient and family
4. **F ME 3.2.1** Obtain informed consent for commonly performed procedures and therapies, under supervision
5. **F ME 3.2.2** Assess patients’ decision-making capacity
6. **F ME 4.1.3** Apply standardized care paths, including patient education components
7. **F COM 1.2.1** Optimize the physical environment for patient comfort, privacy, engagement, and safety
8. **F COM 1.5.2** Manage challenging conversations
9. **F COM 1.6.1** Encourage discussion, questions, and interaction to validate understanding during the encounter
10. **F COM 3.1.2** Plan and discuss appropriate post-operative, immediate and/or long-term care and issues with patients and families as appropriate
11. **F COM 4.1.2** Communicate with cultural awareness and sensitivity
12. **F COM 5.1.1** Document information about patients and their medical conditions in a manner that enhances intra- and interprofessional care
13. **F HA 1.2.1** Select patient education resources related to surgical practice
14. **F P 1.3.2** Recognize and respond appropriately in situations where consent is obtained under constraints of emergency circumstances
15. **F P 1.4.3** Manage conflicts of interest related to surgical care, including consent issues related to the duality of the learner as surgeon