

Obstetrics & Gynecology: Foundations EPA #6

Providing early postpartum care

Key Features:

- This EPA includes the assessment and management of the first postpartum days while patients are still in hospital recovering from normal childbirth or cesarean.
- Management of patients with a normal course includes maternal psychosocial, and physical well-being, including prevention of postpartum complications such as venous thromboembolism; assessment of vaginal bleeding and uterine involution; use of strategies to promote successful initiation of breastfeeding; discharge planning and discussion of normal postpartum symptoms; recognition of symptoms and mobilization of appropriate health care professionals and resources for postpartum depression; and contraceptive advice in hospital and for the first 6 weeks postpartum.

Assessment Plan:

Direct observation or case discussion/ review of patient chart by OBGYN faculty, subspecialty trainee, Core or TTP trainee, family physician or midwife

Use Form 1. Form collects information on:

- Setting: in-patient; out-patient
- Observation: direct; indirect

Collect 3 observations of achievement

- At least 2 different observers

CanMEDS milestones:

- 1 ME 1.4** Apply clinical and biomedical sciences to manage presentations in obstetric care
- 2 ME 1.5** Recognize an urgent or difficult problem that may need the involvement of more experienced colleagues and seek their assistance
- 3 ME 1.5 Perform a focused clinical assessment that addresses all relevant issues**
- 4 ME 1.6** Maintain a duty of care and patient safety while balancing multiple responsibilities
- 5 ME 2.4** Develop and implement a management plan that considers all of the patient's health problems and context in collaboration with the patient and family and, when appropriate, the interprofessional team
- 6 COM 1.3** Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly
- 7 COM 4.3 Counsel the patient regarding potential postpartum complications including depression**
- 8 COM 3.1 Discuss birth control methods to be adopted in the postpartum period**
- 9 COM 3.1 Use strategies to verify and validate the patient's understanding**
- 10 COM 4.3 Answer questions from the patient and family about next steps**

*ENTRUSTABLE PROFESSIONAL ACTIVITIES
FOR OBSTETRICS AND GYNECOLOGY (2021 version 1.2)*

- 11 COM 5.1 Document the clinical encounter to adequately convey findings, clinical reasoning and the rationale for decisions**
- 12 COL 1.1 Receive and appropriately respond to input from other health care professionals**
- 13 COL 3.2 Communicate with a patient's primary health care professional about the patient's care**